

The book was found

Brain Inflammation In Chronic Pain, Migraine And Fibromyalgia: The Paradigm-Shifting Guide For Doctors And Patients Dealing With Chronic Pain (Inflammation Mastery & Functional Inflammomology)

BRAIN INFLAMMATION IN CHRONIC PAIN, MIGRAINE AND FIBROMYALGIA

THE PARADIGM-SHIFTING GUIDE FOR DOCTORS AND
PATIENTS DEALING WITH CHRONIC PAIN



© 2016 Dr Alex Vasquez. ICHNFM.ORG. Inflammation Mastery. 4th Ed.
Brain by Huachiao per Pictor.com via creativecommons.org/licenses/by/2.0

Alex Vasquez, D.C., N.D., D.O., F.A.C.N.

ICHNFM.ORG • InflammationMastery.com/pain



Synopsis

This book solves the mysteries of chronic pain disorders such as migraine and fibromyalgia by explaining that the "central sensitization" which makes the brain more sensitive to main signals is actually caused by inflammation within the brain. By understanding the 3 main components of brain inflammation -- pain, inflammation, and mitochondrial dysfunction -- patients and doctors are able to understand and then treat these painful conditions with greater success. This version was previously published as Pain Revolution (full color), excerpted from Chapter 5 of "Inflammation Mastery, 4th Edition" also published as a two-volume set as "Textbook of Clinical Nutrition and Functional Medicine, Vol. 2: Protocols for Common Inflammatory Disorders." The updated cover image emphasizes the importance of the brain inflammation that underlies the "central sensitization" which makes the brain more sensitive to pain. **PURPOSE & AUDIENCE:** This book is written to provide essential information to doctors and patients dealing with chronic pain generally, migraine and fibromyalgia specifically. The information is also relevant for cluster headache, myofascial pain syndrome, and complex regional pain syndrome. With hundreds of citations to the biomedical research literature, this book provides unique insights into the causes of and solutions for migraine and fibromyalgia as prototypic pain disorders chiefly characterized by central sensitization, glial activation, and mitochondrial dysfunction. Clinicians and patients alike will gain insights that are immediately applicable for the treatment of these conditions. Importantly, the focus of Dr Vasquezâ€™s Functional Inflammology Protocol is to skillfully address â€œin a structured mannerâ€ the underlying causes of pain and inflammation, not simply to alleviate pain/inflammation via drug dependency. This book details the pathophysiology and essential treatment components; additional explanations and updates are provided via video lectures and tutorials. **DIGITAL:** Ebook version will be published in January 2016. **ABOUT THIS BOOK:** This book is an excerpt from Chapter 5 of Dr Vasquezâ€™s most recent 1,200-page textbook, Inflammation Mastery, 4th Edition (2016). The information in this book has been developed over many years starting from Dr Vasquezâ€™s teaching notes in Orthopedics and Rheumatology in 2000 and 2001, then in Integrative Orthopedics (2004, 2012), Musculoskeletal Pain: Expanded Clinical Strategies (Institute for Functional Medicine, 2008), Functional Medicine Rheumatology (2014), and Human Microbiome and Dysbiosis in Clinical Disease (2015).

Book Information

File Size: 8772 KB

Print Length: 140 pages

Publisher: International College of Human Nutrition and Functional Medicine ICHNFM.ORG; 4th

Edition edition (April 23, 2016)

Publication Date: April 23, 2016

Sold by:Â Digital Services LLC

Language: English

ASIN: B01EQ9KMH6

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #92,394 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #3 inÂ Kindle Store > Kindle eBooks > Medical eBooks > Alternative & Holistic > Chiropractic #7 inÂ Kindle Store > Kindle eBooks > Medical eBooks > Pharmacology > Pain Medicine #25 inÂ Books > Medical Books > Allied Health Professions > Chiropractic

Customer Reviews

Great information needed for us people trying to help the public stay healthy and make better choices.

This book as very informative but not an easy read.

[Download to continue reading...](#)

Brain Inflammation in Chronic Pain, Migraine and Fibromyalgia: The Paradigm-Shifting Guide for Doctors and Patients Dealing with Chronic Pain (Inflammation Mastery & Functional Inflammology)
Self-help Treatment for Chronic Fatigue Syndrome, M.E, Fibromyalgia and Adrenal Fatigue: The Sensitive's Solution: FREE Support Group (Chronic Fatigue Syndrome, M.E, Fibromyalgia, Chronic Fatigue) Migraine: The Nutritional Approach to Managing Migraine (Diets to Help) Fight Inflammation: Favorite 25 Quick & Easy Recipes To Heal Chronic Disease And Inflammation
Toddlers Tantrums: Understanding and Dealing With Toddlers Tantrums Effectively (Toddlers Tantrums, Parenting, Motherhood, Dealing with Tantrums, Discipline, ... Childrens Behaviour, Potty Training,) Hypermobility, Fibromyalgia and Chronic Pain, 1e Why Does Mommy Hurt?: Helping Children Cope with the Challenges of Having a Caregiver with Chronic Pain, Fibromyalgia, or Autoimmune Disease Autoimmune Disease: Discover The Symptoms & Treatment of Chronic Pain

& Genetic Disease (Musculoskeletal, Anti Inflammatory, Arthritis, Fibromyalgia, Multiple Sclerosis, Symptoms, Celiac Book 1) Brain Training: The Ultimate Guide to Increase Your Brain Power and Improving Your Memory (Brain exercise, Concentration, Neuroplasticity, Mental Clarity, Brain Plasticity) The Migraine Miracle: A Sugar-Free, Gluten-Free, Ancestral Diet to Reduce Inflammation and Relieve Your Headaches for Good Functional Thinking: Paradigm Over Syntax Prevent Wind Diseases: DIY Cure Stiff-Neck Pain, Migraine Headache, Edema, and Brain Tumor Brain Cancer Treatment - How to Beat Brain Cancer And Get Your Life Back (Brain Cancer, Tumor, Brain Cancer Treatment, Natural Treatment) Brain Training: Power Brain! - Secret Techniques To: Improve Memory, Focus & Concentration (Brain teasers, Improve memory, Improve focus, Concentration, Brain power) Windows 10: Windows10 Mastery. The Ultimate Windows 10 Mastery Guide (Windows Operating System, Windows 10 User Guide, User Manual, Windows 10 For Beginners, Windows 10 For Dummies, Microsoft Office) In Vivo Models of Inflammation 2 Volume Set(Progress in Inflammation Research) (v. 1&2) Angels of Mercy/ Angels of Death: Doctors and Nurses who Murder Their Patients First, Do No Harm: The Dramatic Story of Real Doctors and Patients Making Impossible Choices at a Big-City Hospital Physicians' Untold Stories: Miraculous experiences doctors are hesitant to share with their patients, or ANYONE! Defeat Chronic Pain Now!: Groundbreaking Strategies for Eliminating the Pain of Arthritis, Back and Neck Conditions, Migraines, Diabetic Neuropathy, and Chronic Illness

[Dmca](#)